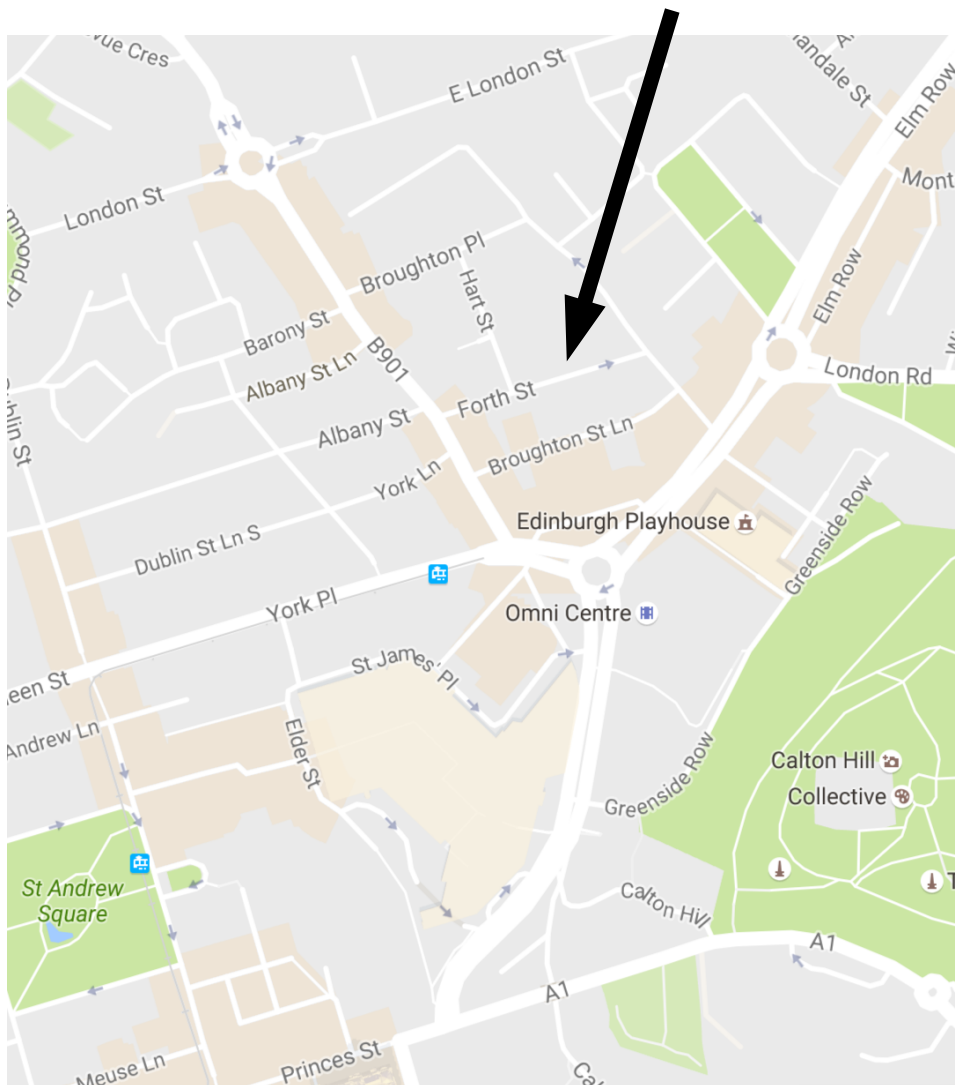


Extra Help Counselling and Psychotherapy

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26 Forth Street
Edinburgh
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Please press the “Extra Help” buzzer on arrival at number 26.

My office is on the second floor on the right at the top of the stairs and marked ‘S1’.

There are nearby bus stops at York Place (10, 11, 12, 16, 44), Elm Row (100, 11, 12, 14, 16, 22, 25, 49, 7) and Broughton Street (8).

For drivers, there is Pay & Display parking available on Forth Street. Note that the parking is cheaper in some of the adjacent streets.